



**Active**  
**Black Country**  
Creating a healthy, active region



# Black Country Virtual Education Programme

for the PE, School Sport  
and Physical Activity Workforce

# 2021





# Introduction



**This year will see Active Black Country move the conference and support for teachers, senior leaders and young people to a virtual programme of workshops and keynotes.**

We have created a three-week virtual programme, with free to access CPD sessions for the education workforce to ensure that you get access to the best and most up to date advice and information to help you. This year's programme has been scheduled and designed to not only allow reflection, taking stock and reviewing of what has happened over the past 12 months but to provide the opportunity to help shape thinking, recovery planning and forward thinking moving into the new academic year and beyond. The programme will provide opportunities to hear and share approaches that address the current challenges of delivering PE, physical activity and enrichment across the region.

As well as opening and closing keynote sessions we have a wide range of workshops to choose from focussing on supporting schools to:

- Shape their plans around their Recovery curriculum and future offer
- Integrate key national and local strategies within school practise
- Develop the tools required to build physical activity across the whole school
- Understand the latest strategies to support the health and wellbeing of pupils within and beyond the school.
- Plan and demonstrate accountability for funding including the Primary PE and School Sport funding.
- Understand and identify successful approaches to school swimming requirements
- Utilise your schools' sites and facilities for the whole community

The wellbeing of young people and staff is a priority for all of us so **please register and join!**

**Please click on the booking link to reserve your place at the conference.**

The link is the same for all sessions, so you can book all the workshops you want to attend in one go! **<http://bit.ly/PEconf21>**



# ABC Virtual Conference

## Education Programme

### Opening Keynote:

Tuesday 18th May 3.30pm – 5.00pm

Welcome and programme overview  
from Active Black Country

This opening Keynote will provide an opportunity for schools to hear important updates from Ofsted and Sport England.

#### Overview:

**Steve Caldecott** will remind delegates of the headlines from the Education Inspection Framework (2019) and demonstrate how PE can make a significant contribution to the whole school offer. The deep dive process will also be explored along with the importance of asking the right questions about your PESSPA plans in light of the impact of Covid 19.

In addition, delegates will be able to hear from **Mike Diaper OBE**, Executive Director of Children and Young People, on Sport England's 'Uniting the Movement' strategy and their intentions regarding creating Positive Experiences for Children & Young People.

**Amanda Tomlinson**, Active Black Country Board Chair, will provide a strategic update from Active Black Country regarding the partnerships plans for the region including those for schools as part our education work moving forwards.

#### Audience:

Primary, Secondary, Special School and Alternate Provision staff



# Barry Carpenter

## Closing Keynote

**We're delighted to be joined this year by Barry Carpenter who will close our education programme with a key note session providing schools with thoughts and strategies on how to create a vibrant culture of learning.**

Barry is the UK's first Professor in Mental Health in Education, a Chair created for him at Oxford Brookes University. In July 2020 he was awarded the Distinguished Fellowship of the Chartered College of Teaching, for his leadership of the Education field during the pandemic. He has been awarded an OBE and CBE by the Queen for services to children with Special Needs. In a career spanning more than 40 years, Barry has held the leadership positions of Headteacher, Principal, Academic Director, Chief Executive, and Director of the Centre for Special Education at Westminster College, Oxford. In 2009, he was appointed by the Secretary of State for Education as Director of the Children with Complex Learning Difficulties and Disabilities Research Project.

At the start of the global pandemic Barry, with his son, Matthew, Principal of Baxter College, Worcestershire, wrote the Recovery Curriculum Think Piece [www.recoverycurriculum.org](http://www.recoverycurriculum.org).

To date this has had over 250,000 hits on the host websites, and has guided many schools, agencies and Government Departments, in planning for the recovery and resilience of their children, post pandemic.



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# ABC Virtual Conference

## Education Programme



### Session 1

Wednesday 19th May

3:30pm – 4:30pm

#### Opening School Facilities to the Local Community

##### Overview:

This workshop explores the findings of the first phase of the Active Black Country Opening School Facilities Programme. You'll also learn about next steps with phase two; a DfE funded programme aimed at widening access to sport and physical activity opportunities for local communities by supporting schools to open up their school facilities outside of the school day. The workshop will support schools to develop an offer of sport and physical activity that appeals to young people and the wider community, explore barriers and challenges faced by schools wanting to offer community provision, and identify support on offer (including funding) for schools to achieve their community ambitions.

##### Audience:

Secondary, Special, Primary and Alternative provision staff and school leaders interested in opening their school to their local community out of school hours, or improving their current community provision.

##### Deliverer:

Richard Bradford (Active Black Country Opening School Facilities Programme Manager)

### Session 2

Thursday 20th May

3:30pm – 4:30pm

#### Black Country Healthy Schools

##### Overview:

An opportunity for schools to hear all about the new Black Country Healthy Schools Platinum Award; a pan Black Country initiative designed to recognise schools excelling in embedding a whole school approach to physical activity and providing a high-quality food and nutrition offer.

The workshop will also provide an opportunity to hear the latest plans for the Black Country Rainbow Hour campaign, resources and how to utilise your Active Lives Children's Survey reports.

##### Audience:

Primary PE Co-ordinators and/or those with a responsibility for Physical Activity, food and nutrition provision across the school.

##### Deliverer:

Leah Goode (Active Black Country Healthy Schools Coordinator) and Public Health Partners



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# ABC Virtual Conference

## Education Programme



### Session 3

Tuesday 25th May

3:30pm – 4:30pm

#### Assessing the Whole Child

##### Overview:

The webinar will be an opportunity to examine what we mean by 'assessment of the whole child'.

Through watching video clips from lessons, we will unpick a formative technique for assessing and celebrating the whole child and understand why this is important in implementing high-quality Physical Education.

In addition, we will explore alternative ideas and resources that can support you to bring this to life in your setting.

##### Audience:

Primary Staff

##### Deliverer:

Complete PE



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### Session 4

Wednesday 26th May

3:30pm – 4:30pm

#### Can sport sanctuaries in schools help young people recover from the impact of a pandemic?

##### Overview:

Victoria Wells from the Youth Sports Trust, asks the central question *Could 'sport sanctuaries' in schools help young people recover from the impact of a pandemic?*

Taking ideas strongly allied to the 5 levers in the Recovery Curriculum and connected to Ofsted published evidence in 2020 on the 'mental distress' and erosion of mental health in our Children and Young People, it is important we find ways to enable children and young people themselves to self-regulate their mood and re build their resilience. Exercise, for all of its well-known benefits, offers this at all levels for all learners. This piece will share examples of school based practice and provoke thoughts on how you can position in your school.

##### Audience:

Secondary, Special, Alternative Provision and Primary practitioners

##### Deliverer:

Vicci Wells (Youth Sport trust)



# ABC Virtual Conference

## Education Programme



### Session 5

Wednesday 26th May

3:30pm – 4:30pm

#### Primary School Swimming

**Overview:**

An opportunity for schools to hear the latest swimming data for the Black Country, key information, guidance and resources available to support schools in meeting national curriculum swimming requirements and plans for Primary school swimming in the region including opportunities that the Commonwealth Games brings to the region.

**Audience:**

Primary School Staff with responsibility for swimming provision

**Deliverer:**

Swim England, The Canal and River Trust and Active Black Country



### Session 6

Thursday 27th May

3:45pm – 4:45pm

#### Using the power of Sport and Activity to support emotional and mental health

**Overview:**

Children's wellbeing and their ability to cope with uncertainty and change, stress and anxiety has been severely impacted as a result of the pandemic. Join Senior Athlete Mentor at the Youth Sport Trust, Rachael Mackenzie where she will explore how she supports young people in schools to develop and improve mental health and wellbeing, using the power of sport and physical activity. Delegates will leave with an understanding of how this power can be harnessed in their own school for their pupils.

**Audience:**

Primary School staff

**Deliverer:**

Rachael Mackenzie (Youth Sport Trust Athlete Mentor) and Jim Morris (Youth Sport Trust)



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# ABC Virtual Conference

## Education Programme



### Session 7

Monday 7th June

3:30pm – 4:30pm

#### School Games and National School Sport Week

**Overview:**

An opportunity to hear the latest plans for the Black Country School Games Programme including this year's national school sport week.

The workshop will also provide schools with an opportunity to contribute, provide ideas and suggestions to help aide the design of the programme over the next 18 months including considerations around sports, formats, target audiences and new opportunities linked to the Commonwealth Games.

**Audience:**

Primary, Secondary, Special and Alternative Provision staff

**Deliverer:**

Black Country School Games Organisers

### Closing Keynote

Tuesday 8th June

3:30pm – 5:00pm

#### Building Mental Well Being; from Reconnection to Recovery

**Overview:**

As our school communities begin to come together once more rebuilding, reconnection and recovery are at the heart of what we do within those communities. The impact on the mental wellbeing of staff and students alike has been considerable during the Pandemic , and strategies that enable the restoration of resilience are key to recreating a vibrant culture of learning in our schools once more.

**Audience:**

Primary, Secondary, Special and Alternative Provision staff

**Deliverer:**

Professor Barry Carpenter CBE,OBE,PhD



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# Active Black Country

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## Black Country Rainbow Hour

Encouraging all schools to commit and provide all pupils access to one hour of wellbeing and physical activity each day. Seeking to build confidence and strengthen the support young people have through positive physical, mental, social and emotional companionship, challenge and fun.

### Find out more

[www.blackcountryrainbowhour.co.uk](http://www.blackcountryrainbowhour.co.uk)



## Black Country Healthy Schools Platinum Award

Once your school has achieved the Healthy Schools Gold rating, you can apply for the Black Country Healthy Schools Platinum Award.

This award will support schools to meet their statutory health education requirements and recognises excellent practice taking place across the region. The award assesses schools whole school approach to food and nutrition and embedding physical activity across the school day.

### Find out more

[www.blackcountryhealthyschools.co.uk](http://www.blackcountryhealthyschools.co.uk)



## Black Country School Supplier Hub

The School Supplier Hub has been designed to be the go-to place for schools to find suppliers, services, providers and deliverers for all forms of physical activity provision, both during and out of school hours.

### Find out more

[www.blackcountyschoolsupplierhub.co.uk](http://www.blackcountyschoolsupplierhub.co.uk)

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**T:** 08458 15 15 15 | [www.activeblackcountry.co.uk](http://www.activeblackcountry.co.uk)

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